

Cross Snowsports Code of Conduct

Code of Conduct - Athletes

As an athlete and participant in competitive snowsport competitions I agree to follow the Athlete's Code of Conduct as given below:

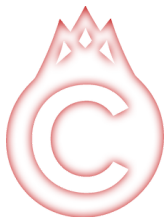
1. I will show respect to coaches at all times.
2. I will respect officials and volunteers involved in snowsports and understand participation in snowsports is only possible due to the time volunteers give freely to help myself and other children.
3. I will show respect to my racing colleagues and other snowsports athletes.
4. I will not be involved in any bullying or practice that can be deemed as bullying.
5. I will demonstrate sporting behaviour with race results and decisions made.
6. I will demonstrate sporting behaviour in all my activities and promote good sportsmanship, being modest in victory and gracious in defeat.
7. I will act in a manner at all times that does not bring myself or my sport.
8. into disrepute during ski races and practice/training sessions.
9. I will attend and present for prize giving ceremonies should I be a prize winner unless circumstances do not allow me.
10. I will not enter into relationships with other athletes on the Team while on training and race camps.
11. I will read, understand and agree to the [UKAD Drugs and Doping policy](#).
12. I will not use prohibited or recreational drugs, as defined by WADA.
13. I will not use the internet, phone or other electronic device to make derogatory remarks about other racers, teams, officials, clubs or anything related to snowsports that could bring the sport into disrepute.
14. I will abide by SSE Anti-bribery policy.

I understand that the harmful effects of smoking cigarettes and the consumption of alcohol are well recognised and can debilitate the performance of racers. Snowsport England actively discourages the consumption of these substances during race events and training.

I understand that disciplinary action may be imposed for breach of rules or for reasons of behaviour. Any action will depend on the type and seriousness of any breach of rules or behaviour, but will be accompanied by a verbal warning and/or a written warning as necessary.

I understand athletes shall have the right to appeal all such measures, to the race organisers/Club in the first instance, then the Board via the Athletes Representative within 1-month of disputed disciplinary measure.

Athlete Name:	Signature:	Date:
Parent/Guardian (if U18):	Signature:	Date:



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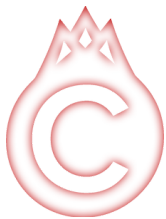
Code of Conduct – Parents and Carers

Snowsport England and Cross Snowsports UK Club expects the highest standards of all young people participating in snowsports and their families. Parents/carers (hereafter called parents) will:

1. Respect the rights, dignity and worth of every person within the context of Snowsports.
2. Not use inappropriate language or gestures, including foul, sexist, abusive, racist or prejudicial language or tolerate it from other members or guests.
3. Not condone, or allow to go unchallenged, any form of discrimination if witnessed.
4. Positively reinforce their child and show an interest in their snowsports activity.
5. Not place their child under pressure or push them into activities they do not want to do.
6. Deliver to, and collect their child punctually from coaching sessions and races.
7. Ensure their child is properly and adequately attired for the weather conditions of the time, including long trousers, long sleeves and gloves for dry slope and appropriate attire for snow; details from your coach.
8. Ensure that protective equipment is worn at ALL times including helmet and gloves.
9. Make the Club aware of any health concerns pertaining to the child, in particular breathing or chest conditions. Any changes in the state of the child's health should be reported to the coach prior to coaching sessions.
10. Inform the coach prior to departure from the slope if a child is to be collected early from a coaching session.
11. Encourage their child to abide by the rules and teach them that they can only do their best.
12. Behave responsibly when observing, and not embarrass their child.
13. Be respectful towards the coach and challenge any concerns through the appropriate channels.
14. Be realistic and supportive.
15. Recognise good performance and not just race results.
16. Ensure their child's hygiene and nutritional needs are met.
17. Accept the official's judgement.
18. Acknowledge the importance and role of the Club coaches who provide their time for free to ensure children's participation in the club.
19. Promote their child's participation in snowsports for fun.
20. Abide by the SnowSafe Policy.
21. Abide by SSE's anti-bribery policy

Parents/Carers have the right to:

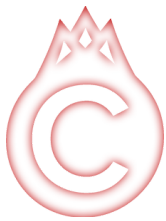
1. Know their child is safe.
2. Be informed of problems or concerns relating to their children.
3. Be informed if their child is injured.
4. Have their consent sought for issues such as trips/excursions.



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5. Contribute to decisions within the Club.
6. Complain if they have concerns about the standard of coaching.
7. Be told who the Club Child Welfare Officer is (Thomas Harrison) and any misdemeanours and breach of this code of conduct will be dealt with immediately by Thomas Harrison. Persistent concerns or breaches will result in the parent/carer being asked not to attend if their attendance is detrimental to their child's, or other children's welfare.

Athlete Name:	Date:
Parent/Guardian (if U18):	Signature:



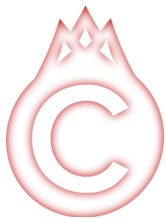
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Code of Conduct – Coaches

Coaches play a crucial role in the development of any sport and in the lives of the performers that they coach. Good coaches ensure that participants in snowsports have positive experiences and are therefore more likely to continue and achieve their potential. Coaching, as an emerging profession, must demonstrate at all levels a high degree of honesty, integrity and competence. The need for coaches to understand and act upon their responsibilities is of critical importance to snowsports, as is the need to protect the key concept of participation for fun and enjoyment as well as achievement. This is implicit within good coaching practice and promotes a professional image of the good practitioner. This Code of Practice defines all that is best in good coaching practice.

Coaches must:

1. Promote the welfare and best interests of their performers.
2. Assist in the creation of an environment where every individual has the opportunity to participate in Snowsports.
3. Create and maintain an environment free of fear and harassment for all participants, parents, volunteer officials and coaches.
4. Ensure that the activities they direct or advocate are appropriate for the age, maturity, experience and ability of the participant.
5. Recognise the rights of all performers to be treated as individuals.
6. Recognise the rights of performers to confer with other coaches and experts.
7. Promote the concept of a balanced lifestyle, supporting the well-being of the performer both in and out of Snowsports.
8. Not engage in behaviour that constitutes any form of abuse (physical, sexual, emotional, neglect, bullying – both on line or face to face).
9. Avoid sexual intimacy with performers either while coaching them or in the period of time immediately following the end of the coaching relationship.
10. Take action if they have a concern about the behaviour of an adult towards a child by reporting this to the Club Welfare Officer.
11. Empower performers to be responsible for their own decisions.
12. Clarify the nature of the coaching services being offered to performers.
13. Communicate and cooperate with other organisations and individuals in the best interests of performers.
14. Be fair, honest and considerate to performers and others in Snowsports.
15. Be positive role models for performers at all times.
16. Follow club procedures when communicating with children by telephone, e mail or other social media.
17. Recognise the professional boundaries and conduct applies when coaching, on residential trips or whenever members of the club are present whether it is a club activity or not.



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18. Promote the execution of safe and correct practice ensuring the environment is as safe as possible, taking into account and minimising possible risks.
19. Be professional and accept responsibility for their actions.
20. Make a commitment to providing a quality service to their performers.
21. Actively promote the positive benefits to society of participation in snowsports, including the positive contribution snowsports can make to achieving improved outcomes for children and young people.
22. Contribute to the development of coaching as a profession by exchanging knowledge and ideas with others and by working in partnership with other agencies and professionals.
23. Not use or tolerate the use of inappropriate language.
24. Gain coaching qualifications appropriate to the level at which they coach.
25. Hold an up to date nationally recognised Governing Body license, and operate within Snowsport England's Governing Body's guidelines.
26. Comply with SnowSafe, SSE's Policy for Safeguarding Children.
27. Abide by the SSE Coaches Code of Conduct and Ethics.
28. Abide by the SSE Anti-Bribery Policy.

Coach Name:	Date:
Signature:	